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She has 210 publications in peer-reviewed international journals and more than 200 presentations in Greek and international congresses. She holds several grants from GSRI (General Secretariat of Research and Innovation). She has supervised 15 Ph. D. theses; 57 M. Sc. theses; several diploma theses, while more are in progress. She has h-index: 46 (Google scholar).

Actually, she is member of the Drug Price Negotiation Committee (since Dec. 2019, Greek Ministry of Health) and Vice-chairman of the Committee of medicinal Cannabis (since 2020, Greek Ministry of Health).

Since January 2023, she is Editor-in-Chief of the international scientific journal Phytochemistry.

Title of lecture: Ekaterina-Michaela Tomou & Helen Skaltsa*: Mediterranean traditional infusions as a valuable source of bioactive compounds